



PWCA

PINE NEEDLE

“Professional Service with the Personal Touch”
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A Local Chapter of the Texas Counseling Association

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From the President's Desk...



It's almost Spring! If you are like me, you notice everything is gearing up as we move closer to warmer weather. Daffodils, Narcissus, and Hyacinth are busy pushing through the dirt to point their faces to the sun.

Work at Kilgore College gets busy with testing, advising, and registering. Home life gets busy with children's school requirements, extracurricular activities, and my own volunteer responsibilities. Do you feel anxious when you check your calendar? I sure do! I am constantly checking to make sure that I'm not forgetting something that's coming up. A busy schedule produces anxiety, but it can also produce excitement. The excitement of new adventures, new undertakings, and new journeys! It takes courage to tackle all of this. Courage that I'm certain you have.

As for the Piney Woods Counseling Association, we are gearing up for the excitement of our meetings on March 8th and May 4th as well as nominations! Kacey Rodgers has been working diligently to line up 2 speakers for March 8th. You won't want to miss it! In addition, I'm excited to discuss nominations! PWCA is looking to fill the office of Treasurer and our current Membership committee chair. We need courageous members to step forward and agree to help our organization. At our May meeting, we will be electing new officers. Who wants to accept the exciting new adventure of President-Elect? Trust me...You will not regret this worthwhile journey!

Don't forget to nominate members for PWCA and TCA awards. The Spring is the time to recognize those who impact our association and

profession the most. In our work lives, we hear lots of complaints and negativity throughout the year. Let's get busy and spread compliments about those folks working so hard to make a difference. Please be thinking about these awards, and send in your nominations for:

PWCA Counselor of the Year

PWCA Counselor Educator of the Year

PWCA Layperson of the Year

TCA Outstanding Counselor Award

TCA Layperson Exemplary Service Award

TCA Outstanding Graduate Student Award

This Spring, we will also embark on our PWCA Service Project for 2018! Let's all make donations to the Kilgore College Food Pantry. After talking with PWCA members and working with logistics, it's easy to see that assisting a local community college as it attempts to meet the needs of the students is a win-win for everyone. We are all working with the same service area of clients. The college sees them in the classroom after some of you have seen them in public schools and others of you see them in your offices. Why not work together to spread Spring sunshine on these students struggling with food insecurities?

Just as I ended the Fall Newsletter article, I'm asking again, are YOU courageous? Do YOU choose courage in your job and your profession? Will you join me by choosing courage in PWCA? Will you participate in the service project? Will you make a nomination for chapter and TCA awards? Will you seek the adventure of running for an office in PWCA? I look forward to seeing you at our March meeting.

With excitement and courage,
Jennifer Quine

Layperson Exemplary Service Award

This award is presented annually by the Texas Counseling Association to a layperson as recognition of his/her exemplary service in the support and promotion of guidance and counseling in the State of Texas. The criteria for this award is as follows:

- Nominees must not be in the profession of guidance and counseling.
- Provide documented evidence of the individual's support and promotion of counseling and guidance.
- Submitting a resume is suggested, but not required.

An individual TCA member, Chapter or Division may submit a nomination for this award.

Outstanding Graduate Student Award

This award is presented to a graduate student in counselor education whose dedication and academic work demonstrate excellence in the theory and practice of some significant area of counseling and exhibits outstanding scholarship.

- The individual must be a TCA member for at least one full year preceding the nomination.
- The individual must be a student pursuing a graduate degree in counseling at any time during the year preceding the nomination.
- The individual must have compiled an outstanding academic record in his or her graduate studies, in some significant area of counseling.
- The individual must have demonstrated through independent work a commitment to issues of counseling (e.g. published or engaged in scholarly activities related to issues of counseling, developed innovative programs, demonstrated leadership in counseling at the local, state, regional, national, or international level, participated actively in community service and/or advocacy initiatives).

Students may submit nominations on their own behalf or have their work submitted by a colleague or professor.

Dr. Jamesanna Kirven Outstanding Counselor Award

This award is presented to an individual in recognition of his/her contributions in one or more areas of professional counseling. The award was renamed in 2005 to the 'Dr. Jamesanna Kirven Outstanding Counseling Award,' in honor of Dr. Jamesanna Kirven, the first Certified Counselor in Texas. Throughout her life, Dr. Kirven was involved in some form of educational activity. One of her greatest accomplishments was bringing the Principles and Theory of Guidance to Texas. Dr. Kirven worked as a Counselor, Supervisor of Secondary Area Counselors, and Supervision Director of Trainees for License in the Division of Mental Health. She also served as a Senator for TCA and was a charter member of seven TCA Divisions. The criteria for the award is as follows:

- The individual must be a TCA member for at least one full year preceding the nomination.
- The person must be a member of TCA, a local Chapter and a Division.
- A resume must be submitted along with examples of professional achievement and personal dedication.

An individual TCA member, a Chapter or Division may submit a nomination for the TCA Outstanding Counselor Award.

Upcoming Calendar Dates

PWCA Spring Meeting – May 4

TCA 2018 Professional Growth Conference

Early Bird Registration Open

Call for Programs Open

November 14-17, 2018

Dallas, TX



PWCA Winter Meeting

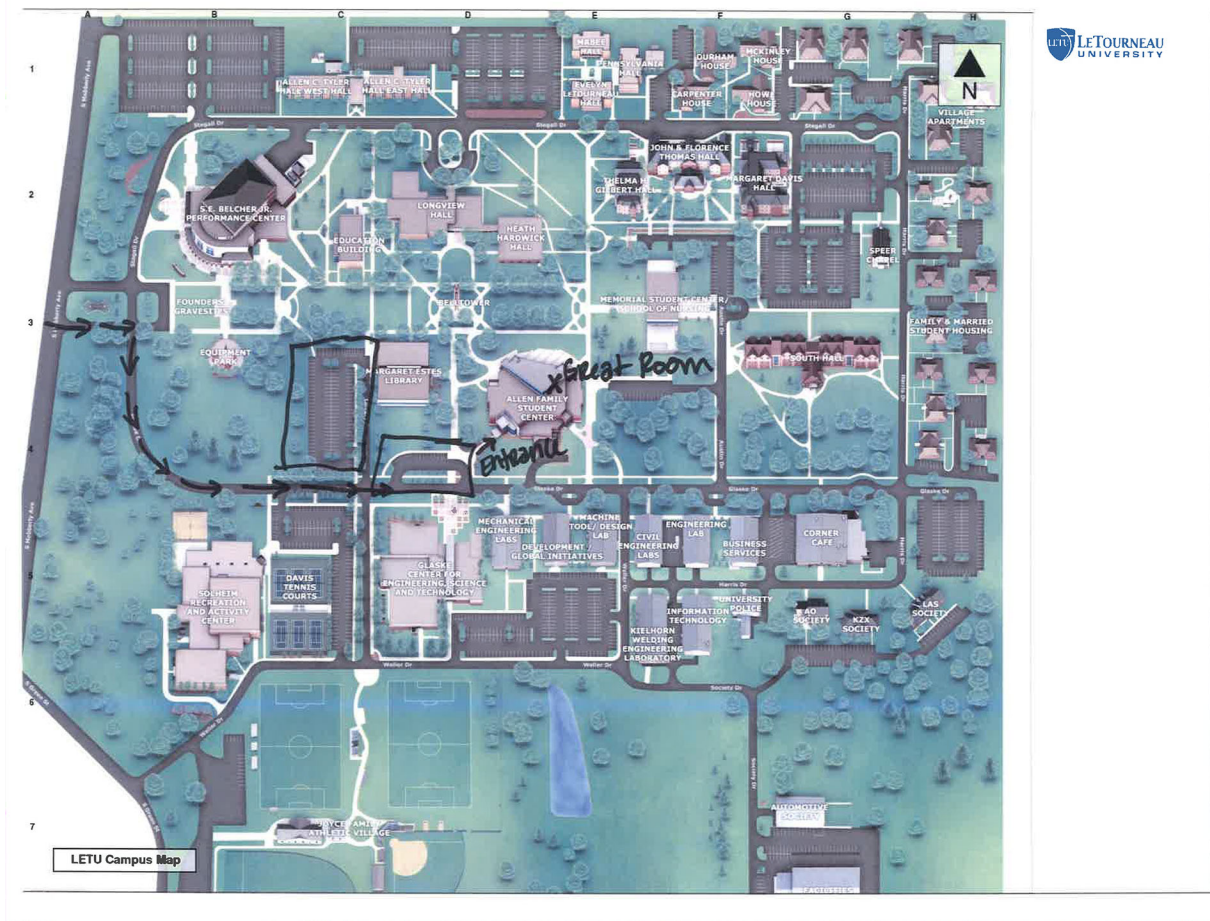
Thursday, March 8th
The Great Room at the Allen Family Student Center
LeTourneau University, Longview

Speaker: 9am - 1pm, 4 CEU
Business Meeting w/ lunch: 1pm-3pm
Registration begins at 8:30 AM with the speaker following promptly at 9 AM.

Special Topics for Counseling At-Risk Children and Adolescents

Deena Shelton, MA, LPC-S, NCC and Rachel Olshine, M.Ed., LPC, NCC

Child and adolescent issues in counseling can be challenging for counselors to address, especially when themes related to those issues require additional training for both education and treatment. This presentation will address several key themes including poverty, sexual minority identification, and self-harm as they relate to the treatment of children and adolescents in counseling. With current information on the experience of these themes and effective ways to engage with treatment, counselors are equipped to approach their young clients from a position of understanding while providing empirically supported treatment interventions.



2017-2018 Piney Woods Community Service Project

According to a USDA report, 1.4 million Texas households were food insecure over the past 4 years. The USDA defines food insecurity as “a state in which consistent access to adequate food is limited by a lack of money and other resources at times during the year.” We are seeing more cases in our community as this problem grows. Kilgore College has two Food Pantries, one on the Kilgore campus and one on the Longview campus, to help combat food insecurity in our student populations, the population of clients you see in your local schools and practices. In the Fall semester, Kilgore College provided 2 bags of groceries per visit to 91 student visits to the Pantry. These Pantries are sustained strictly by donations. We need your help to keep our shelves filled. Feel free to use the KC Foundation’s Amazon Smile account and the KC Food Pantry wish list. Simply sign-in to the URL <https://smile.amazon.com> rather than regular Amazon. Then select the Kilgore College

Foundation as the charity of your choice. Once on the KC wish list, you will see items requested much like a wedding registry. Simply purchase items that you would like to donate and you’re done – Amazon ships those items directly to the college. To find the wish list, simply click on:

http://smile.amazon.com/gp/registry/wishlist/P87SALM3B1CB/ref=bnav_topnav_lists_1 or
https://www.amazon.com/gp/registry/wishlist/P87SALM3B1CB/ref=bnav_topnav_lists_1

You can always bring your items to the Piney Woods March and May meetings. We welcome any of the following items:

Canned vegetables, Chili, Canned meats (tuna, chicken, salmon), Canned Fruit/Fruit Cups, Cereal, Instant Oatmeal/Grits, Mac N Cheese (cups), Soups, Ravioli, Packaged rice/pasta dishes or side, Instant potatoes. However, the Pantries are already stocked with Raman noodles.



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RETURN ADDRESS REQUESTED